

12 February 2021

Dear Parents/Carers,

As you may already be aware, the Department for Education (DfE) has introduced a new statutory guidance for Relationship Education, Relationships and Sex Education and Health Education, commonly shortened to RSE. At Lime Academy Watergall, we use a scheme of work for Personal, Social, Health and Citizenship Education (PSHCE) called the Personal Development Programme which is provided by the Cambridgeshire PSHE Service. Not only does following the programme ensure that we meet the Government's statutory guidelines for teaching RSE but is also a comprehensive resource and planning aid for all aspects of delivering PSHCE. Further it builds on children's prior knowledge and learned skills, including emotional and physical changes, friendships, financial capability, personal safety, diversity and citizenship and healthy lifestyles.

In the new guidance, there is a duty for schools to communicate with parents about RSE and to consult with them about policy. Thank you to all parents and carers who took time to complete the short online survey we sent out in November. The survey has shaped our new PSHCE and Relationships Education Policies which can now be found on the website, here:

<http://limeacademywatergall.org/parent-zone/parent-resources-and-useful-information/>

Your thoughts and opinions are important to us. From your feedback, we can confirm that an overview for PSHCE and RSE will be shared with all parents and carers at the start of each term which will enable you to have ongoing conversations with your child as each unit is taught. You will also find further information about the changes to RSE from the DfE and a list of web resources and leaflets you might find useful by clicking on the link above.

Should you have any questions or wish to comment further, please do not hesitate to contact me as the lead for PSHCE and RSE in the school.

Many thanks

Mr James Harfield  
Assistant Headteacher

**Lime Academy Watergall**

Bretton, Peterborough PE3 8NX **Tel:** 01733 264 238 **Email:** office@limeacademywatergall.london

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**CN:** 09297519 **RO:** England and Wales 70-72 New Road, London E4 8ET.